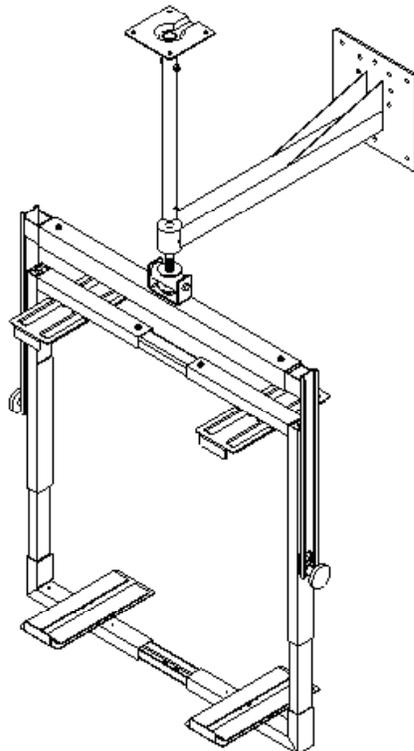


# VMP

VIDEO MOUNT PRODUCTS

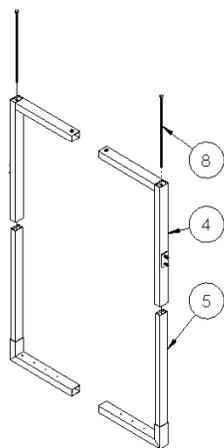
*Instruction Sheet For:*  
**VMP 036/038**

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*For more information, please contact us at:*  
325 Log Canoe Circle, Stevensville, Maryland 21666  
(T) 410.643.6390 / (F) 410.643.6615  
[www.videomount.com](http://www.videomount.com)



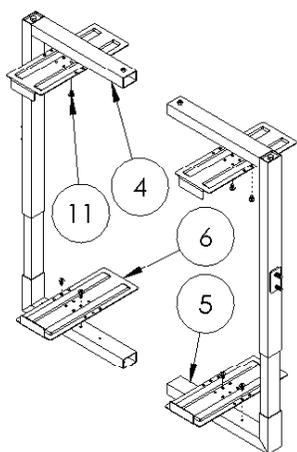
### Step 1

Before starting lay out all parts to your mount and match them to the parts list provided. Verify that you have all your parts before attempting to assemble the mount.

### Step 2

Take the lower holders (5) and insert them into the top holders (4). Then using the long 5/16" screw (8) attach the two together by inserting the screw through the top holder (4) and threading the screw into the lower holder (5) leaving about 2" of screw showing so you can insert your TV later. Repeat this for the other side.

Step 2: Attaching the top and lower holders



### Step 3

Attach the hold plates (6) to the top (4) and lower (5) holders using the 1/4" - 20 screws (11).

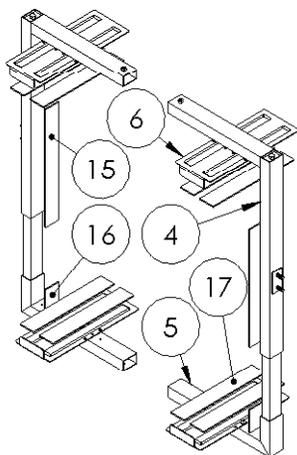
### Step 4

Apply the longest anti skid strips (15) to the inside of the top holder (4). Apply the shortest anti skid strips (16) to the inside of the lower holder (5). Apply the middle length strips (17) to the hold plates (6).

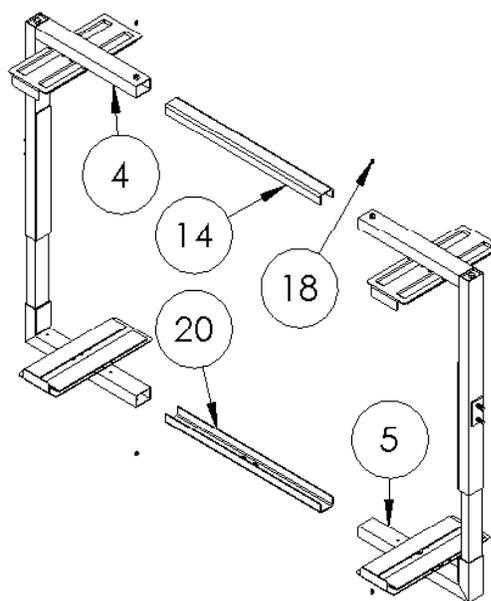
### Step 5

Slide the lower force arm (20) into the lower holders (5) and slide the top support arm (14) into the top holders (4). Center both the lower force arm (20) and the top support arm (14) and insert 1/4" brake screws (18) in the welded nuts on the top (4) and lower (5) holders, but do not tighten them yet.

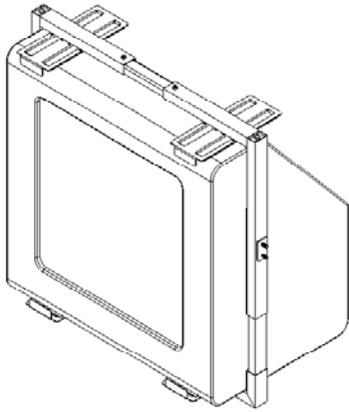
Step 3: Attaching the hold plates



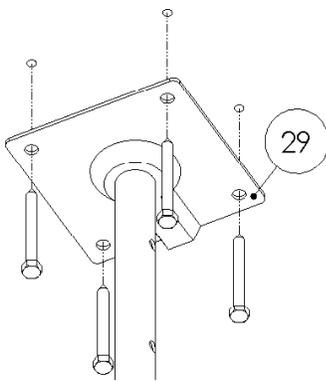
Step 4: Applying padding



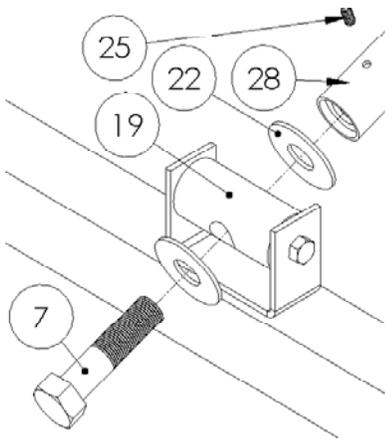
Step 5: Insert force arms into the holders



Step 6: Inserting the TV  
(TV not included)



Step 7: Mounting the ceiling  
bracket to the ceiling  
(Lag screws are not included)



Step 8: Attaching the extension support



### Step 6

Insert your TV between the top (4) and lower (5) holders. Clamp the holders so they are tight against your TV left to right and then tighten the 1/4" brake screws inserted in step 5 to secure the position of the top support arm (14) and lower force arm (20). Clamp the holders so they are tight against your TV top to bottom and then tighten the 5/16" screw (8) used in step 2.

### Attaching the VMP036/038 to the ceiling:

### Step 7

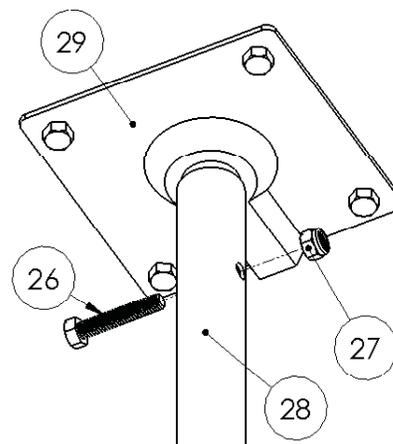
Mark the ceiling or desired mounting surface in preparation of installation of ceiling mounting bracket (29). Pre-drill if necessary and mount the ceiling mounting bracket (29) to the desired surface. **Warning: Please verify that your mounting surface will support the combined weight of your mount, mounting hardware, and monitor. Also verify that the mounting surface is safe to drill through. If in doubt, please contact a professional installer.**

### Step 8

Attach the extension support (28) to the connector (19) by placing a washer (22) on either side of the center hole in the connector and inserting the 3/4" bolt (7) through the washers and connector. Then screw the 3/4" bolt (7) into the extension support (28). Use the longer 1/4" brake screw (25) in the extension support (28) to prevent the 3/4" bolt (7) from turning. Tighten the brake screw (25) firmly.

### Step 9

Attach the extension support (28) to the ceiling mounting bracket (26) using the 5/16" screw (27) and nylon nut (29). **Proceed to step 12.**

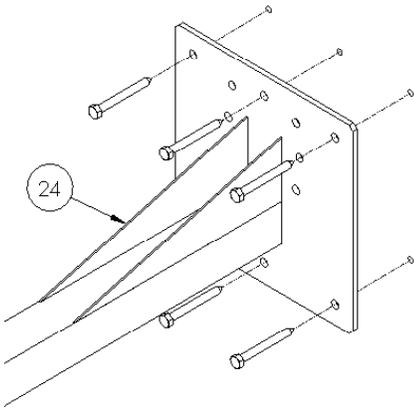


Step 9: Attaching the extension support to the  
ceiling mounting bracket

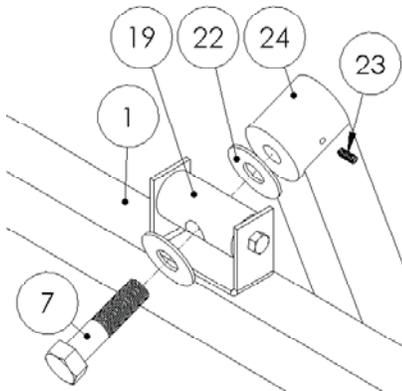
### Attaching the VMP036/038 to the wall:

#### Step 10

Mark the wall or desired mounting surface in preparation of installation of wall bracket (24). Pre-drill if necessary and mount the wall bracket (24) to desired surface. **Warning: Please verify that your mounting surface will support the combined weight of your mount, mounting hardware, and monitor. Also verify that the mounting surface is safe to drill through. If in doubt, please contact a professional installer.**



Step 10: Mounting the wall plate  
(Lag screws are not included)



Step 11: Attaching the top force arm  
to the wall plate

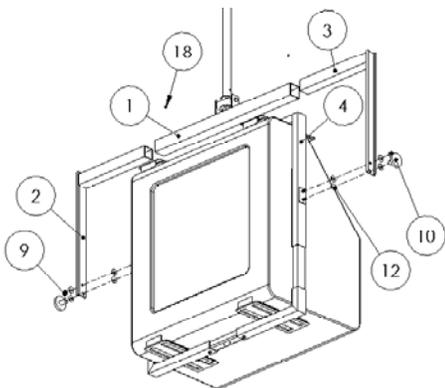
#### Step 11

Attach the wall plate (24) to the connect by placing a washer (22) on either side of the center hole in the connector and inserting the 3/4" bolt (7) through the washers and connector. Then screw the 3/4" bolt (7) into the wall plate (24). Use the M6 brake screw (23) in the wall plate (24) to prevent the 3/4" bolt (7) from turning. Tighten the brake screw (23) firmly.

#### Step 12

Insert the left (2) and right (3) extension bars into the top force arm (1). Place a nylon washer (12) onto all 4 of the welded screws on the top holders (4). Lift the TV up and slide the welded screws on the top holders (4) into the hole and slot cut into the left (2) and right (3) extension bars. Use a nylon washer (12) and nylon nut (9) on the top welded screw of each welded screw pair. Use a nylon washer (12) and adjustable nut (10) on the bottom welded screw of each welded screw pair. Center the TV on the top force arm (1) and use 1/4" brake screws (18) in the welded nuts on that force arm to hold the left (2) and right (3) extension bars in place.

**Please verify that all nuts and screws are securely tightened.**



Step 12: Connecting the TV to the  
ceiling/wall

## Enjoy Your Mount!



**WARNING: The installer of these products must verify that the mounting surface, ceiling or wall, will safely support the combined weight of all attached equipment and hardware. Video Mount Products will not be held liable for the improper use or installation of its products.**